

# work.

FITNESS STUDIO

State of Michigan Employees

**Show Your State ID**

Receive a

**25%**


**discount**

Expires 12/31/2010

## Classes:

- Fit Tech
- Cardio Kick
- Core & More

One-on-one or group personal training sessions available. All of our workouts at **Work** are designed to strengthen and tone the body, improve posture and balance, increase flexibility, and energize your spirit! We hope you'll join us soon!



Work Fitness Studio  
821 Washington Ave.  
Bay City, MI  
989 895-9675  
[www.workfitnessstudio.com](http://www.workfitnessstudio.com)