	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:45am	***FIT Tech***	Cardio Kick	FIT Tech	***TRX***	FIT Tech		
7:00am				***Spinning***			
8:00am	***Spinning***					FIT Tech	
9:00am	Core&More	***TRX***	FIT Tech		Boot Camp		
9:30am						FIT Tech	
4:30pm	FIT Tech	Core&More		Cardio Kick			
5:45pm	Boot Camp	***TRX/Spin***	FIT Tech	Core&More			
6:00pm							Cardio Kick
7:00pm		Cardio Kick	***Spinning***	Zumba			FIT Tech
7:15pm	***FIT Tech***						
SIGN UP							